



AL MINA

By **ECOVENTURE**

Gems World Academy- Grade 7 - 9 -2019-20

Activities

Day 1

Al Jeer Beach -
Surf Report
Boogie Boarding
Beach Nature Walk and Clean

Day 2

High Ropes - queue and do
Windsurfing
Snorkeling -orientation

Day 3

Wadi Ghalilah Expedition
-Wild Camping
-Orienteering
-Cooking
-Hiking

Day 4

Mussandam Oman -
Students will need 6 months validity on their passports
Dhow Cruise
Dolphin Spotting
Coral Reef Snorkel
Confidence Jump
Sleep overnight on Dhow

Day 5

Dhow Cruise
Dolphin Spotting
Coral Reef Snorkel
Travel to School

Program Overview

- ~8am bus departs school
- Travel time = 1.5-2.5hrs
- Activities last 1.5-3hrs
- Activities with curriculum links
- Evening entertainment activities
- ~3pm arrive back at school

What's included

- Specialist activity equipment
- Instruction by qualified staff
- Transport
- Food / water
- Accommodation
- Insurance

Why adventure with Ecoventure?

As well as raising education standards in schools, exposure to the natural environment though outdoor education has been shown to produce significant improvements in independence, confidence, assertiveness, and decision-making.

How to sign up

- Pay school accounts
- Receive the online sign up link to our consent form from teacher
- Fill it out and submit

Health and safety

- 1:8 ratio on water
- 1:16 ratio on land
- Risk Assessments
- Minimum operation standards



Camp Timetable (times may change)

		08:00 - 12:30		14:00 - 17:00		19:00 - 20:00
Day 1	Breakfast	Travel to Al Mina	Lunch	Al Mina Beach	Dinner	Evening Entertainment
Day 2		High Ropes		Water Sports		Evening Entertainment
Day 3		Expedition Prep		Wadi Ghalilah Expedition		Wild Camp
Day 4		Wadi Ghalilah Expedition		Oman - Dhow		Overnight Dhow
Day 5		Oman - Dhow		Travel to School		

For more info please visit www.ecoventureme.com/parents

Ecoventure cannot take responsibility for any personal items brought on our programs, we recommend that you label everything with your name and school.
Please do not pack in any electronics (tablets, phones, etc) or valuables that could get lost or broken.

Items in bold are essential

What you need on day 1

- ☐ **Shoes** - Trainers / sneakers that can get wet and dirty - **no crocs**
- ☐ **T-Shirt** - That can get wet and dirty
- ☐ **Shorts** - Knee length that can get wet and dirty

You will be outside all day so you need a good hat to keep the sun off and a water bottle so you can stay hydrated.

Small backpack containing

- ☐ **Refillable water bottle** (at least 1 litre)
- ☐ **Hat**
- ☐ **Sun Screen**
- ☐ Dry change of clothes
- ☐ Towel

What you need for the rest of the program

Big bag containing

- ☐ **Sleeping Bag**
- ☐ **Pillow case**
- ☐ **Raincoat**
- ☐ **Warm top (fleece or jumper)**
- ☐ Shorts (mid thigh) (1/day)
- ☐ T-shirts - no vest tops (1/day)
- ☐ Socks (1/day)
- ☐ Underwear (1/day)
- ☐ Long sleeve light t-shirts or shirt (to cover arms from the sun)

It can get cold at Wilderness but whatever the weather, we can carry on with our planned activities if you have the correct clothes.

- ☐ Spare pair of shoes
- ☐ Pyjamas
- ☐ Bag for wet clothes
- ☐ Wash Kit (soap, tooth brush, etc)
- ☐ Torch / Flash Light
- ☐ Mosquito Repellent
- ☐ Any personal medication - Please give this to your teacher before departure

Additional Kit for Wet Activities

If your camp program has water activities it is recommended you also pack the below

- ☐ T-shirt/rash vest for swimming in
- ☐ Knee length shorts for swimming in

Average Temperatures (°C) for UAE									
	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Ave High	34	33	28	28	23	24	27	32	36
Night Low	22	20	15	12	10	11	14	19	22